

Agenda Rhythm Movement and Play One Day Workshop (7 Hours)		
Time	Topic	Delivery Method
9.00-9.30	Housekeeping Hand out manual Manual orientation Introductions	Discussion
9.30-10.45	Emphasis of this class is using RMT with groups of young children rather than one on one What is RMT? Concepts? What are reflexes? Different types How reflexes and sensory processing work together Demonstrate one practice movement	PowerPoint presentation Demonstration Practice one passive movement
10-45-11.00	Tea Break	
11.00-12.00	How do we know we are ready for school? Reflexes are a journey Neural Development Active movements	PowerPoint Video-Get Ready for School Discussion Demonstrate and Practice
12.00-12.30	Learning challenge as an immaturity of the Brain Challenges when reflexes are retained	PowerPoint Discussion
12.30-1.30	Lunch	
1.30-2.15	Play & development Rhythmic Movements and the importance of rhythm and coordination Qualities of Exact Movements and Less is More Physiological indicators of having done enough	PowerPoint Discussion
2.15-3.15	Continue last 6 movements	Demonstrate Practice
3.15-3.30	Tea Break	
3.15 – 4.30	Spinal Galant Reflex Reinforce Exactness of Movement Less is More	PowerPoint Demonstration Practice
4.30 – 5:00	Using with children Close	Discussion