

Agenda
RMTi One - Focus, Organization & Comprehension
Two Day Workshop (14 Hours)
Day One

Time	Topic	Delivery Method
9.00-9.30	Housekeeping Hand out manual Manual orientation Introductions Sign Enrolment Agreement	Discussion
9.30-10.45	What is RMT? Concepts? What is Rhythm? Why is it important? Concept of exact movement Indicators of having done enough movement Concept of Less is More Movement demonstration Feedback about practice	PowerPoint presentation Demonstration Practice
10-45-11.00	Tea Break	
11.00- 12.15	Triune Brain Primitive Reflexes Developing Muscle Tone and Head Control How RMT effects Behavior	Discussion PowerPoint
12.15-12.30	Chapter One of 'Get Ready for School' DVD	Video Discussion
12.30 - 1.30	Lunch	
1.30 - 2.30	The Neural Chassis and Rhythmic Movements	PowerPoint presentation Group Demonstration and Practice - through Noticing Practical experience of RMTi Protocol Demonstration of Passive Movements Practice movements Feedback about experience

2.30-3.30	The Cerebellum and Rhythmic Movements	PowerPoint presentation Group Demonstration and Practice - through Noticing. Reinforce RMTi Protocols. Demonstration of Active Movements Practice movements Feedback about experience
3.30-3.45	Tea Break	
3.45-4.15	The Basal Ganglia and RMT	PowerPoint presentation Discussion
4.15-5.15	The Amphibian Reflex	PowerPoint Demonstration Amphibian Protocol and new movements Practice and swap procedure
5.15-5.30	Reminders - written test, to be completed by end of tomorrow Feedback form Any questions	Discussion

Agenda
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Day Two

Time	Topic	Delivery Method
9.00-9.30	Feedback about yesterday Any questions Review of yesterday	Discussion
9.30-10.45	Isometric Pressure Techniques The Tonic Labyrinthine Reflex	PowerPoint presentation Demonstration Practice Divide into pairs – one person receives other person follows steps of the protocol
10.45-11.00	Tea Break	
11.00- 12.15	The Landau Reflex	PowerPoint Demonstrate Practice - other person receives
12.15-12.30	Chapter Two of 'Get Ready for School' DVD	Video Discussion
12.30 – 1.30	Lunch	
1.30 – 2.30	The Symmetrical Tonic Neck Reflex	PowerPoint presentation Group Practice of Protocol through Noticing Check posture Demonstrate new movements Practice new movements
2.30-3.30	The Spinal Galant Reflex	PowerPoint presentation Demonstrate Practice Spinal Galant Protocol - pairs Discussion
3.30-3.45	Tea Break	

3.45-4.30	The Babinski Reflex	PowerPoint presentation Demonstrate Babinski Protocol - Pairs Feedback and Discussion
4.30-5.00	Questions Clarifications Oral - answer questions based on RMT questionnaires for parents	Discussion
5.00-5.30	Complete test Closing - Certificates given	Discussion